Chronic Conditions in CO

Insights from the Colorado All Payer Claims Database interactive public reports @ www.civhc.org

**Hypertension**
- 12% of Coloradans were diagnosed with hypertension in 2015
- Hypertension is the disease diagnosed most frequently among insured Coloradans
- Hypertension is more prevalent in older age groups with marked differences between payer types

- Hypertension Prevalence in Adults, 35-64
  - Medicaid: 16.5%
  - Commercial: 8.6%

**Diabetes Type II**
- 4.8% of Coloradans had a diabetes type II diagnosis in 2015
- Diabetes type II is highest in the Medicare Advantage population

- Diabetes Type II Rates, 2012-2015
  - Overall: 27%
  - Medicare Advantage: -9.7%
  - Medicaid: -0.7%
  - Commercial: -2.1%

**Depression**
- 5.1% of Coloradans had a depression diagnosis in 2015
- Since 2012, depression has increased... 26%
- Depression is highest among mature adults, 35-64

- Overall rates:
  - Females: 7.2%
  - Males: 3.7%

**Asthma**
- 3.6% of Coloradans have asthma
- Asthma rates have gone down across all payers since 2012
- Asthma is more prevalent in children with marked differences between payer types

- Asthma Prevalence in Children, 0-17
  - Medicaid: 6.03%
  - Commercial: 3.96%
In general, asthma, depression, and diabetes type II rates are **highest in the Southeast** portion of the state.

**Bent County** is **78% higher** than statewide prevalence for asthma.

**Bent County** is **197% higher** for depression than statewide average.

**Pueblo** is **89% higher** than the statewide prevalence for diabetes type II.

**Central Mountain** counties, including Gunnison, Pitkin and Eagle have some of the **lowest prevalence** of most conditions including Hypertension, Diabetes, COPD and CHF.

To learn more, visit us at: www.civhc.org/get-data/interactive-data/statewide-metrics/condition-prevalence