Innovations in Advance Care Planning in Colorado

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### Percentage of people with advance directives

<table>
<thead>
<tr>
<th>Category</th>
<th>CO</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Older adults</td>
<td>66.4%</td>
<td>45.6%</td>
</tr>
<tr>
<td>Younger adults</td>
<td>29.3%</td>
<td>31.6%</td>
</tr>
<tr>
<td>All ages</td>
<td>35.7%</td>
<td>36.7%</td>
</tr>
</tbody>
</table>

Source: Colorado Health Access Survey, 2017; Health Affairs, 2017
LEVERS OF CULTURE CHANGE FOR ACP

- General Public
- Healthcare systems
- Legal system

- Training of professionals
- Public education

- Tools for conversations & documentation
- Policy & programs

- Data
- Quality Metrics

Where are we currently?

- How do you or your organization currently engage people in advance care planning?
- What challenges do you face related to advance care planning?
Colorado MOST Program

Description: CIVHC is the administrative home.
• Quarterly standing agenda item at CIVHC’s ACP Workgroup meeting
• **Next Meeting – March 7, 2:30 PM**

Contacts:
Member, Alissa Schramm - alissa@compasscaresforseniors.com
Alternate, Hillary Lum – Hillary.Lum@ucdenver.edu
Description: A Boulder County organization that provides community-based advance care planning

Initiatives and Projects
• 45-75 Initiative - Conversation Parties! Led by staff and volunteers, coaches
• Thoughtful Endings – A 5 session series on end of life planning sponsored by the Gunbarrel Faith Partnership and the Conversation Project.
• Homeless initiative (Funded by the Colorado Health Foundation)

Contacts:
Constance Holden – constance@theconversationprojectinboulder.org
Kim Mooney – kim@theconversationprojectinboulder.org

http://theconversationprojectinboulder.org/
Description: Provides assistance in developing best practice systems and procedures within community organizations to enhance and foster a culture of advance care planning.

Initiatives and Projects

- Book Club for Mortals
- A Library for advance directives (Funded by the Colorado Health Foundation; NextFifty initiative)

Contact: Mindy Rickard - mrickard@healthdistrict.org  https://www.larimeradvancecare.org/
Description: Tomorrow's Choices is a CO nonprofit 501(c)(3) whose mission is to provide: Educational programs that empower individuals to make informed end-of-life decisions, Consultation for end-of-life planning, and Coordination with community groups and other organizations.

Projects and Initiatives
• Workshops at libraries, senior centers, and churches
• Death Café

Contact: John Lobitz - johnlobitz@gmail.com, https://www.tomorrowschoices.org/
Colorado Gerontological Society

Description: The Colorado Gerontological Society is a not-for-profit 501(c)(3) organization that provides advocacy, information and assistance to Colorado seniors as well as education and networking for aging professionals since 1980. ACP initiative funded by the Colorado Health Foundation

Projects and Initiatives:
• Advance Care Planning
• New to Medicare Workshops
• Health Literacy Toolkit
• Life Care Planning Classes
• Benefits for Seniors Workshops
• Dental Grants
• Hearing Grants
• Vision Grants

Contacts:
Maria Madrid - maria.madrid@senioranswers.org  https://www.senioranswers.org/
Colorado Care Planning

Description: A free, public website to help Coloradans find information for future medical planning, including choosing a medical decision maker. Funded by the Colorado Health Foundation.

Contact:
Hillary Lum – Hillary.Lum@ucdenver.edu  https://coloradocareplanning.org/
Advance Care Planning Group Visits

**Description:** Group visits to promote advance care planning in primary care clinic. These group visits are available in UCHealth Denver Metro Primary Care.

- Engage patients in interactive discussions of advance care planning concepts
- Emphasize education and support through group dynamics

**ENACT Group Visits Intervention**

- Support patient-initiated advance care planning actions and outcomes
- Use standard outpatient billing codes and documentation

University of Colorado Primary Care Results: ACP documentation

Medical Record Documentation:
- Decision Maker: Baseline 39%, 3 month 81%, 12 months 89%
- ACP form: Baseline 39%, 3 month 57%, 12 months 67%

Design and Implementation of Patient Portal–Based Advance Care Planning Tools

Hillary D. Lum, MD, PhD, Adreanne Brungardt, MM, MT-BC, Sarah R. Jordan, MA, Phoutdavone Phimphasone-Brady, PhD, Lisa M. Schilling, MD, MSPH, Chen-Tan Lin, MD, Jean S. Kutner, MD, MSPH

Phase 1 (May 2017)
- New Webpage
- Online Message for ACP questions to centralized team

Phase 2 (July 2017)
- Electronic Medical Durable Power of Attorney (includes messages to provider and patient)

Phase 3 (Oct 2017)
- Display advance directives to patient via patient portal

- Since July 2017, 4138 patients have used the tools
- 3876 have completed an MDPOA form
Partnership of The Denver Hospice and University of Colorado

**Description:** Train lay individuals in communication skills to initiate quality ACP conversations in the community

Funded by the Colorado Health Foundation; Next50 initiative

**Contact:**
Lierin Flanagan – lflanagan@care4denver.org

[https://thedenverhospice.org/](https://thedenverhospice.org/)
Do you have a next step?

• How will you increase how you engage others in advance care planning?
Thank you!

• Patient and Family Advisors
• CIVHC & the ACP Workgroup
• UCH Seniors Clinic staff
• UCHealth Operational Partners
• Sue Felton, Dana Lahoff, Sarah Jordan, Adreanne Brungardt, Andrea Daddato
• Carey Candrian, PhD; Susan Lasker-Hertz, RN; Dan Matlock, MD; Lierin Flanagan, MSW
• Pat Schulof, LCSW & Kirbie Hartley, LSW
• Ingrid Lobo, MD & John Scott, MD
• Mentors, colleagues, & community partners