Behavioral Health Data
CO APCD User Group Meeting
October 25, 2019
Discussion Overview

• Behavioral Health Overview
  • Definition of Behavioral Health
  • Behavioral Health Services and Disorders

• Behavioral Health Data in the CO APCD
  • Medical Claim submissions to the CO APCD
  • Medical Claims Data; BH Eligibility Data; BH Providers
  • How to identify BH data in the CO APCD

• Analysis of Behavioral Health Data

• Next Steps
What is Behavioral Health?

- Behavioral Health encompasses an individual’s emotional, psychological and social well-being
- Behavioral Health conditions include mental disorders and substance use disorders
- CMS Subcategories of behavioral health disorders:
  - Co-occurring disorders: both a mental and substance use disorder
  - Co-existing disorders: both a behavioral and physical health condition
- Behavioral health services include screening, prevention and treatment; provided by a wide range of professionals
Behavioral Health Data in the CO APCD

• Mental Health Data and Substance Use Data

• Behavioral Health Data Sources
  • Medical claims received from Commercial payers (monthly)
  • Medical claims received from HCPF (monthly)
  • Medical claims received from CMS (quarterly)

• Receiving BH data since the inception of CO APCD

• Affordable Care Act – March 2010
  • Mental health coverage is required for all plans
Substance Use Disorders

• Why doesn’t the CO APCD have SUD Claims Data?
• 42 CFR Part 2
  • Title 42 of the Code of Federal Regulations (CFR) Part 2: Confidentiality of Substance Use Disorder Patient Records
  • The purpose is to protect the confidentiality of patient records
  • CIVHC Blog: Why the CO APCD Does Not Have Substance Use Disorder Claims
42 CFR Part 2 – more detail

• 42 CFR Part 2
  • Provides National Definition of Substance Use Disorders
  • Subject to payer interpretation
  • In process of being modified

• SUD Processing in the CO APCD - 3M and HSRI
  • 3M performed additional filtering (based on SUD code sets and DRG grouping)
  • HSRI does not perform additional SUD filtering
    • Transition to HSRI as of March 2017
Behavioral Health Data in the CO APCD

• What can be done to identify and select Behavioral Health information
  • Can we isolate Behavioral Health data from other claim submissions in the data warehouse?

• No specific flags or identifiers for Behavioral Health Data
  • Part of Medical Claims submissions
Identifying Behavioral Health Data

• Identify Behavioral Health via Diagnosis and Procedure codes
  • HCUP CCS tables
    • Diagnosis and Procedure codes Grouped by clinical categories
  • HEDIS Measure code sets (publicly available)

• Eligibility files do contain a BH indicator
  • DSG Element ME123 - Behavioral Health Indicator
    • Coverage Type – indicates if BH is covered in plan
Identifying Behavioral Health Data - other Identifiers

• Claims from Servicing Providers with specific Taxonomy Codes
  • Behavioral Health & Social Service Providers
  • Nursing Service Providers (Mental Health specific)

• Other Types of Codes Sets
  • Revenue Codes
  • Place of Service
  • HCPCS
  • Pharmacy Claims – AHFS classes
Identifying Behavioral Health Data - RAEs

• Regional Accountable Entities (RAEs)
  • Submitting BH Encounter data directly to CO APCD
  • ACC Phase II - July 1, 2018
    • Colorado shifted from RCCO/BHO structure to RAEs
    • Integration of primary and behavioral health services

• RAE submitters (BH encounter claims)
  • Beacon Health Systems (BH submissions only)
  • Colorado Community Health Alliance (BH only)
  • Rocky Mountain Health Plans
  • Colorado Access
CIVHC – Behavioral Health Projects

• Mental Health ED Utilization Report
  • Based on HEDIS Mental Health ICD-10 Diagnosis Codes

• Assessment of physical health among adults with serious mental illness
  • Based on specific ICD Diagnosis Codes provided by the client
What’s next

• What do users anticipate in terms of future Behavioral Health analysis?
Questions and Wrap-up

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